



www.sufra-nwlondon.org.uk

Coronavirus - Related Services and Contact Details 14.6.20

This leaflet is linked to Sufra's Directory of Services, which contains information on a wide range of services for people in need. Although much has changed in the way services are now being delivered, the contact details can be used to find out how to obtain a service. **NB.** Coronavirus-related services are changing frequently, so you may find that the information listed has changed.

Brent Council. You can access any Council service by calling the switchboard on 020 8937 1234.

Energy. Contact your provider as soon as possible if you are not able to top up. Some will provide two weeks' worth of gas/electricity, or a top-up of a smart meter, to people who are self-isolating.

Hot Food (HF) and **Food Parcels (FP)**, by delivery (**D**), or by collection (**C**). See also, "**Food And Medicines**" below.

Ansar Youth Project, **FP, D, C**, phone 07375 350 071

Brent Food Bank, **FP, C**, phone Citizens Advice referral number for a voucher, 0808 208 2138

Church of God of Prophecy, **HF, C**, 197 Ealing Rd, HA0 4LW, Sun: last 2 of month, 9am to 10.30am

Granville Community Kitchen, **HF & FP, C & D** The Granville Centre, 140 Carlton Vale, NW6 5HE, Wed 3pm to 4pm, Sat 5.30 to 7pm, 07952 616352

Harlesden Methodist Church, **FP, C**, 25 High St, NW10 4NE, Fri 11am to 12pm

Rumi's Kitchen, **HF, C**, 26A Chichele Rd, Cricklewood, NW2 3DA, Sun 1pm to 1.45pm

Rumi's Kitchen, Ummah, **HF, C**, 21 Craven Park Rd, NW10 8SE, Sat 1pm to 1.45pm

Sacred Heart Church, **FP, C**, Quex Rd, Kilburn, NW6 4PS, Mon to Fri, 9.30am to 4.30pm

Salvation Army, **HF, C**, 32 Manor Park Rd, NW10 4JJ, Tues & Thurs, 12pm to 2pm

St Andrew's Church, **FP, C**, Harrow Rd, Sudbury, HA0 2QA, Thurs, 12.30 to 3pm

Sufra NW London, **FP, D**, call for a referral, Brent Council Welfare Assistance Team, 020 8937 5796

Deaf Services. 1. To contact Brent Council by video, search for "Brent Council BSL Live SignVideo". Any problems, email help@signvideo.co.uk. **2.** SignHealth for daily coronavirus updates.

Children at risk. If you are worried about a child being harmed, or being at risk of harm, call 020 8937 4300.

Safeguarding adults. If you are worried about abuse or neglect of a vulnerable adult, call the Safeguarding Adults Team, 020 8937 4098/99.

Emergency Childcare. For vulnerable children or children of key workers, 020 8937 3010.

Domestic Violence. If you have any concerns, contact Advance in Brent on 07398 454 898. See Sufra Directory of Service for full details.

Dog walking and short term fostering from the Cinnamon Trust, for those who cannot take care of their pets because of illness or hospital stays, 01736 757 900.

Council Tax Support. People who have less than £6,000 in savings may be eligible for help with paying their Council Tax bill, and a one-off payment of £150. Call Brent Council on 020 8937 1790.

Brent Adult Social Care. For urgent help with washing, feeding, or dressing. Call. 020 8937 6589.

Homelessness. If you are homeless or threatened with homelessness, call Brent Council, 020 8937 2000 (option 3) or Ashford Place, 07398 741 662. Private tenants being threatened with eviction can call Advice4Renters, 020 7624 4327. See Sufra Directory of Services for full details.

Telephone support. 1. Elders Voice for older people, 020 8206 7500 / 7503 / 7507. **2.** Under One Roof, for those feeling isolated due to coronavirus, 020 3002 2781, M-F, 12pm to 5pm.

Mental Health. For help with problems such as anxiety, stress, or low mood, contact Brent Talking Therapies, 020 8206 3924. See Sufra Directory of Services for full details.

General Advice. Brent Hubs provide help, support, and advice on a wide range of subjects, 020 8937 6792. See Sufra Directory of Services for full details.

Statutory Sick Pay. Payable if you cannot work for certain reasons related to coronavirus. Use www.gov.uk, or contact Citizens Advice Brent; see Sufra Directory of Services for full details.

Universal Credit. Government helpline, 0800 328 5644. Help is also provided by Citizens Advice Brent. See "Help To Claim Universal Credit" in Sufra Directory of Services (page 8).

Gardening. Sufra is welcoming volunteers to engage in socially-distanced gardening, for watering, chicken security (or perhaps catching!), collecting eggs, and more. Call Jim, 07984 321 179.

Money Management. Two charities providing support: Let's Talk Money, 07914 789 397, and It's All About Money, 020 3971 4580. See Sufra Directory of Services for full details.

Food and Medicines. If you need help getting food or medicines delivered to you while in isolation, call Brent Council on 020 8937 1234, or email coronavirus@brent.gov.uk, or call a **Mutual Aid Group**. These are groups run by volunteers who can provide practical help with food shops or deliveries, picking up prescriptions, speaking on the phone for company, and more.

Alperton, 07860 123 494	Mapesbury, 020 8914 7950
Barnhill, 020 8050 2387	Northwick Park, 020 8050 1768
Brondesbury Park, 020 8050 3929	Preston, 07725 881 428
Dollis Hill, 020 8914 7891	Queens Park, 020 8050 3875
Dudden Hill, 07588 541 399	Stonebridge, 07950 994 411
Fryent & Queensbury, 07721 233 050	Sudbury, 07770 678 714
Harlesden, 07446 557 715	Tokington, 020 3448 4810
Kensal Green, 020 8638 8291	Welsh Harp, 0330 043 1787
Kenton, 07725 881 428	Wembley Central, 020 8050 1617
Kilburn, 020 3488 4916	Willesden Green, 07593 426 959

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